



# Winter Weather Preparedness

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**FOR MORE INFORMATION:**

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**Wheat Ridge, Colorado** – A winter storm may bring Wheat Ridge 3-8 inches of snow today and tomorrow. The Wheat Ridge Police Department’s Emergency Preparedness Office wants to stress the importance of being prepared for a winter storm, whether you’re on the road or at home.

Please take some time to review your family’s emergency preparedness with these helpful tips.

- At home, you should have enough emergency supplies to last for four days (food, water, prescription medicine, etc.); a stocked first aid kit; blankets and cold-weather clothing; pet food and water for household pets.
- If you have to go outside in the cold and snow, dress in layers to prevent hypothermia and frostbite
- If you go outside to shovel, avoid overexertion. Take breaks and push snow instead of lifting it when you can.
- If you have to travel during a snow storm, make sure you have an emergency road kit that includes a bag of sand, road salt or non-clumping cat litter – extra weight means better traction and it can be used under slipping tires; carry a blanket, flares or reflective triangles, an ice scraper/snow brush, water and snacks and a first aid kit.
- Always let someone know where you are going, how you’re going to get there, and what time you plan to arrive. If you get stranded along the way, it will be easier for help to reach you if your route is known.
- Driving in snowy conditions calls for slower speeds, slower braking, slower turns and slower acceleration. Leave extra space between you and the car in front of you and give snow plows plenty of room to clear the streets. Allow extra travel time.

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